

# MOTORFIT

Lombardia

Monitoraggio per  
conoscere lo stato di  
benessere motorio degli  
studenti della Lombardia



MPE

*Agencia Nazionale per lo Sviluppo dell'Autonomia Scolastica  
ex - Ferr Lombardia  
Gestione Commissariale*

PESO (Kg) FEMMINE																dal 3 ai 18 anni	
ETA' DELLE ALUNNE																LIVELLO	INDICATORI
3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18		
12,5	13,5	14,5	14,9	15,4	15,7	20,0	20,0	21,0	26,0	31,0	32,0	33,0	34,0	35,0	36,0	1	decisamente inferiore alla media
13,0	14,0	15,0	16,1	16,9	18,0	21,5	23,0	25,0	30,0	35,0	36,0	37,0	38,0	39,0	40,0	2	
13,5	14,5	15,5	17,3	18,4	20,3	23,0	26,0	29,0	34,0	39,0	40,0	41,0	42,0	43,0	44,0	3	inferiore alla media
14,0	15,5	17,0	19,2	21,0	23,8	27,1	31,0	34,0	38,0	43,0	44,0	46,0	47,0	48,0	49,0	4	
15,0	17,0	19,0	21,8	24,2	27,1	31,3	35,0	39,0	44,0	48,0	49,0	51,0	52,0	53,0	54,0	5	corrispondente alla media
16,0	19,0	21,5	24,3	27,4	30,5	35,2	40,0	44,0	49,0	52,0	54,0	57,0	58,0	59,0	59,0	6	
17,0	20,0	23,0	26,8	30,6	33,9	39,1	45,0	49,0	53,0	57,0	60,0	62,0	63,0	64,0	64,0	7	
18,0	21,5	25,0	29,4	33,7	37,2	43,1	49,0	54,0	58,0	62,0	65,0	67,0	68,0	69,0	69,0	8	superiore alla media
19,0	23,0	27,0	31,9	36,8	40,7	46,8	53,0	59,0	63,0	66,0	71,0	72,0	73,0	73,0	73,0	9	
21,0	25,0	29,0	34,1	40,1	44,1	50,0	58,0	64,0	67,0	70,0	77,0	78,0	79,0	79,0	79,0	10	decisamente superiore alla media
23,0	27,0	33,0	39,0	45,6	49,4	58,8	65,0	73,0	77,0	80,0	85,0	86,0	91,0	91,0	91,0	11	



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